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Essential Communication Skills Development for Self Expression

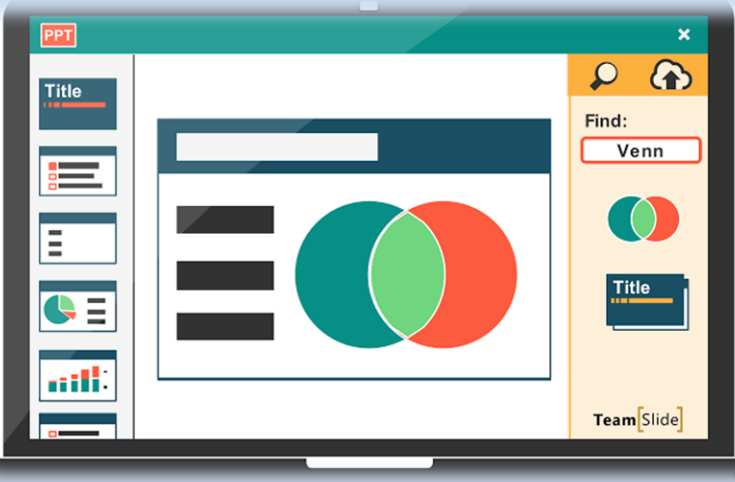
Effective oral communications -Deliver your
presentation professionally

Pisut Koomsap, Ph.D.



Curriculum Development
of Master's Degree Program in
Industrial Engineering for Thailand Sustainable Smart Industry

MSE 4.0



Slides

3S

Site



Self



Foundation... Architecture and Applications

e-Engineering Solutions

Integrated, Parametric Applications

Parasolid (Core Kernel Solid Modeler)

iMAN (Product Visualization Management Release)

in-KEY (Web-Centric Applications)

e-Commerce Solutions

PIGS IN SPACE: EFFECT OF ZERO GRAVITY AND AD LIBITUM FEEDING ON WEIGHT GAIN IN CAVIA PORCELLUS

Colin B. Purrington
6673 College Avenue, Swarthmore, PA 19081 USA

ABSTRACT:
One general benefit of space travel is a potential alleviation of obesity, a chronic problem for a majority in many parts of the world. In theory, weight is reduced in a condition of zero gravity, weight is conserved, reduced in space and weight conservatively regained during landing and never again gain at zero, and the only side effect would be the need to appropriate extra weight (padding, exercise pants). But because many diet regimens start at very good means only to be found to be rather harsh, we tested our procedures with a large farm experiment in a colony of Guinea pigs (*Cavia porcellus*) maintained on the International Space Station. Individuals were housed separately and given unlimited amounts of high-calorie food pellets. Fresh fruits and vegetables were not available in space so were not offered. Every 30 days, each Guinea pig was weighed about 5 years, we noted that individuals, on average, weighed nothing. In addition to weighing nothing, no weight appeared to be gained over the duration of the protocol. If space continues to be gravity-free, and we believe that assumption is sound, we believe that sending the overweight – and those at risk for overweight – to space would be a lasting cure.

INTRODUCTION:
The current obesity epidemic started in the early 1980s with the invention and proliferation of esthetics and related dietary fibers, which released wearers from the rigid constraints of clothes and palmed monthly weight gain without the need to buy new clothes. Instead, monthly dietary supplements of micronutrient powder only, the act of wearing sensory pants if pants, presumably because the conservative present forces had intended to adopt a more compact tertiary structure (Kaiser, 1988).

Locally, at the same time that fabrics became lethally, the rise to the moon between the United States and Russia proved a catalyst for growth in cover space in orbital environments. When gravity is zero, objects seem to have weight. Indeed, such experiments are conducted to assure phenomena to their ships with seat belts and study beds. The potential application to weight loss was noted immediately, but at the time travel to space was prohibitively expensive and thus the issue was not seriously pursued. Now, however, multiple companies are developing cheap, zero-gravity travel options for normal consumers, and potential travelers are also creating new ways to get the products and benefits that they cannot readily obtain. Together, these factors open the possibility that traveling to space could cause overweight syndrome quickly and permanently for a large number of humans.

We studied this potential by following weight gain in Guinea pigs, known on Earth as fond of all calorie loading. Guinea pigs were long considered to be the "rat" of space research, but as they cannot fly, the obvious choice. Studies on humans are of course desirable, but we feel this current study will be critical in securing the attention of granting agencies.

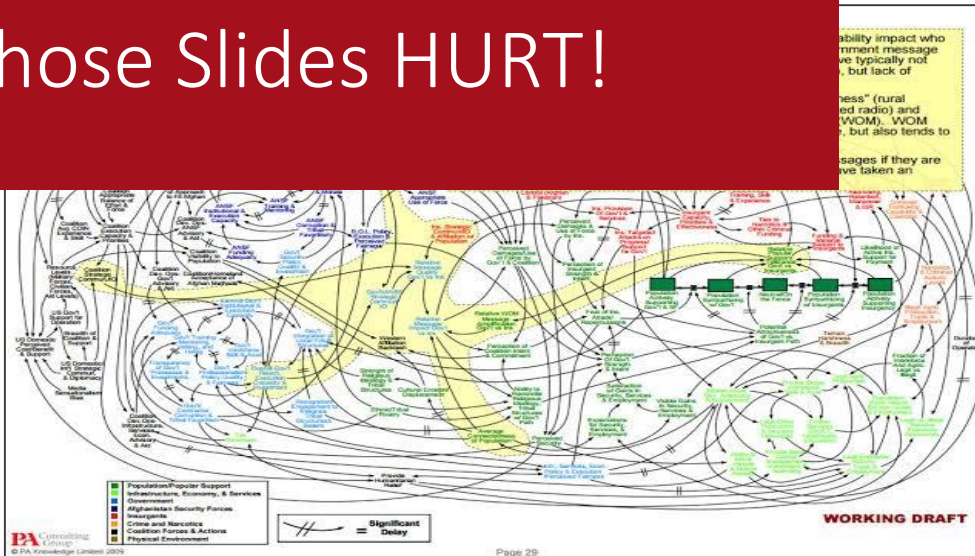
CONCLUSIONS:
Our view that weight and weight gain would be zero in space was confirmed. Although we have not replicated this experiment on larger animals or primates, we are confident that our results will be mirrored in other model organisms. We are currently in the process of obtaining necessary human trial permissions, and should have our planned equipment related within 90 years, pending expedited review by local and Federal IRBs.

ACKNOWLEDGEMENTS:
I am grateful for generous support from the National Research Foundation, Buckle Hole Golf Club, and the High Purity Sugar Association. Transport rights were granted by SPACE-EXES, the consortium of which disallowed from mainly wealthy space-flight customers. I am also grateful for comments on early drafts by Barbara Adams, OGA, Cosmic Cheese, USA. Finally, sincere thanks to the OGA Foundation for generously donating animal care after the conclusion of the study.

MATERIALS AND METHODS:
One hundred male and one hundred female Guinea pigs (*Cavia porcellus*) were transported to the International Space Station Laboratory in 2010. Each pig was housed separately and provided with unlimited amounts of fresh fruits and vegetables for 48 months. Each month, pigs were individually weighed by death-loading them in an electronic balance sensitive to 0.0001 grams. Back on Earth, an identical cohort was similarly maintained and weighed. Data was analyzed by analysis of variance.

RESULTS:
Mean weight of pigs in space was 0.0000 ± 0.0002 g. Some individuals weighed less than zero, never more. But these variations were due to random noise in the data. On Earth, the control cohort gained about 200 grams (p = 0.0001). Many first-time travelers gained a similar amount of weight on Earth, but the effect of zero gravity was seen at any point during the study was related to gaining zero weight was seen at a minimum in the SPACE-EXES. Both Earth and space pigs developed substantial disease (leukemia) and were euthanized at the conclusion of the study.

Those Slides HURT!



How Rivers Are Formed

- Rivers start as very small streams and gradually get bigger as more and more water is added. Heavy rains and spring meltwater add so much water to some rivers that they overflow their banks and flood the surrounding landscape.
- The water in rivers comes from many different sources. Rivers can begin in lakes or as springs that bubble up from underground. Other rivers start as rain or melting snow and ice high up in the mountains.
- Most rivers flow quickly in the steeply sloping sections near their source. Fast moving water washes away gravel, sand and mud leaving a rocky bottom.
- Rivers flowing over gently sloping ground begin to curve back and forth across the landscape. These are called meandering rivers.

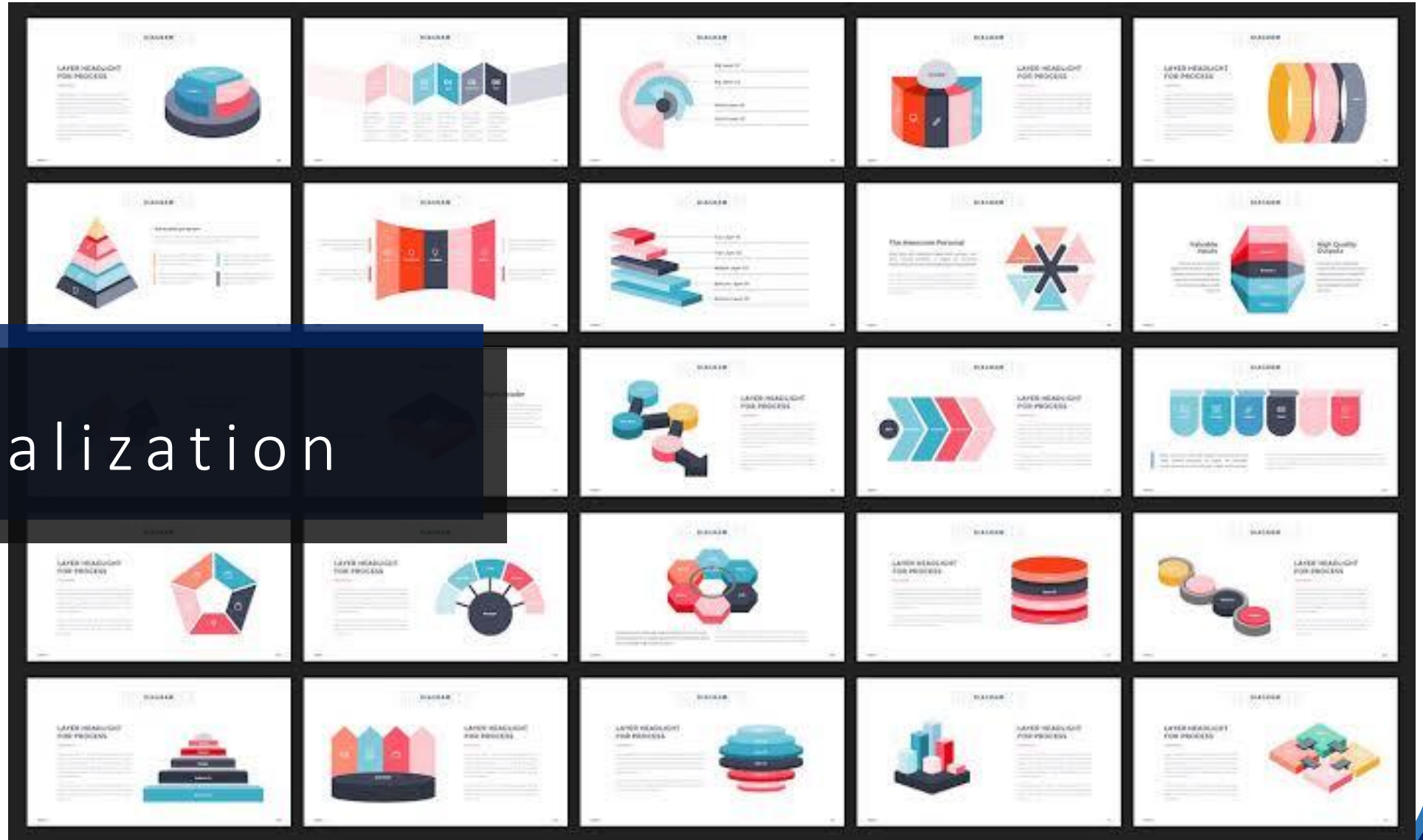
Some rivers have lots of small channels that continually split and join. These are called braided rivers. Braided rivers are usually wide but shallow. They form on fairly steep slopes and where the river bank is easily eroded.

- Many rivers have an estuary where they enter the ocean. An estuary is a section of river where fresh water and sea-water mix together. Tides cause water levels in estuaries to rise and fall.





Having **no** slides at all is better than **bad** slides!



Visualization



Revelation

3 Key Elements

Explanatory power

Strong Visuals

Aesthetic appeal

Remark

The main purpose of visuals is to share your things your mouth can't do so well.

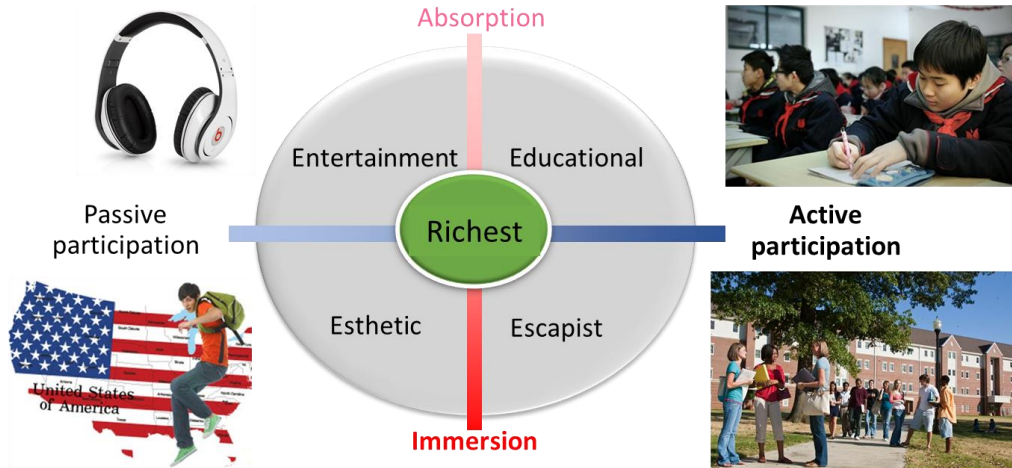


Revelation

To show something that is hard to describe

The Four Realms of an Experience

Learning English



Welcome to experience economy, Pine and Gilmore, 1998

SUSTAINABLE SMART INDUSTRY

ACQUISITION
ANALYSIS
EXECUTION



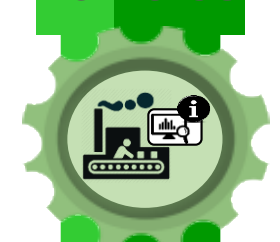
SUSTAINABILITY
STRATEGY
TECHNOLOGY



CO-CREATED
PRODUCT DESIGN



ADVANCED
MANUFACTURING
PROCESSES



SMART
PRODUCTION

THESIS CONFERENCE

STUDENT-CENTERED
LEARNING

IEE COLLOQUIUM

MSIE 4.0 Curriculum

MSIE 4.0 Main Concept





Learning Cycle 1



Effective oral communications
-Knowing your intention and audience



Kolb's Learning Cycle

- AC: Abstract Conceptualization
- AE: Active Experimentation
- CE: Concrete Experience
- RO: Reflective Observation

Learning Experience Model

- L: Learning
- O: Observing
- V: Visiting
- E: Experimenting



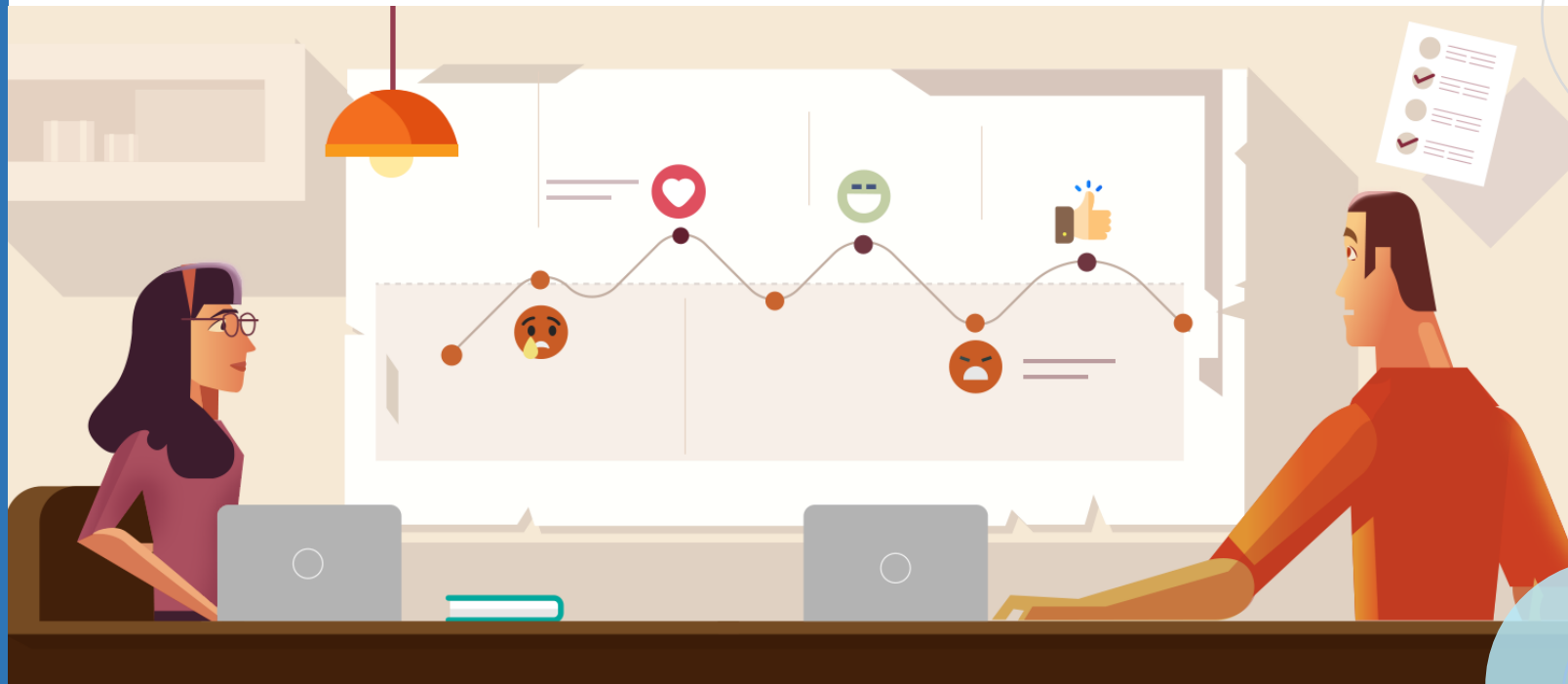
The BEST explanation:

- Each slide has only a single core idea
- No complexity
- Words and images work together
- They are a compelling fit between what the speaker is telling and what is showing



Course: Customer Experience-Driven Design

Module I: Pain Point-Free Customer Experience Journey



- Introduction to Experience Economy
- Customer Journey
- Experience Clues
- Customer Oriented-Failure Prevention

Aesthetic Appeal

To give a talk immense **aesthetic appeal** that allow moments of **visual indulgence** that will significantly increase the audience's **sense of delight**,
even when the topic itself isn't necessarily beautiful.



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PAEE/ALE' 2020

International Conference on Active Learning in Engineering Education

“Striving Engineering Education Towards Student Competence Development”

26th - 28th of August, 2020 in Pattaya, Thailand

International
Conference



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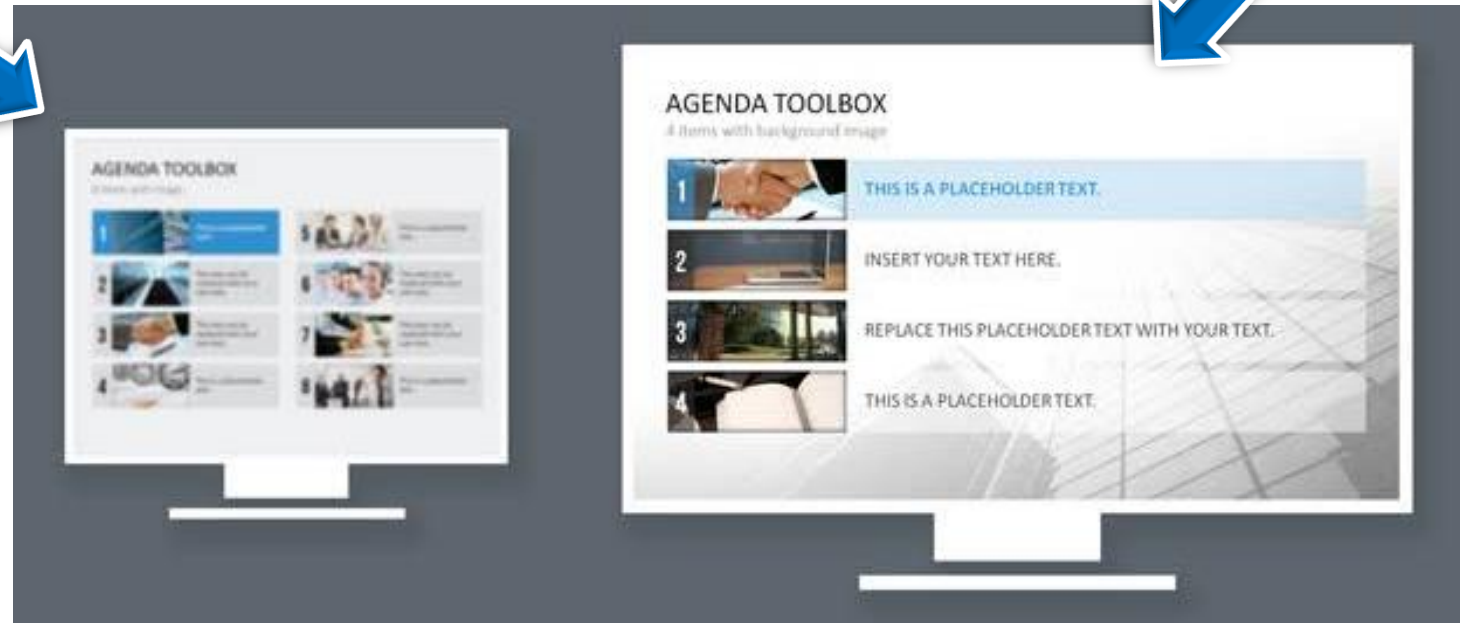


Example of 'Aesthetic Appeal'

Presentation Software TIPS



“Check the dimension of the screen before preparing your slides”





Aa

Font

Large Titles/Headlines

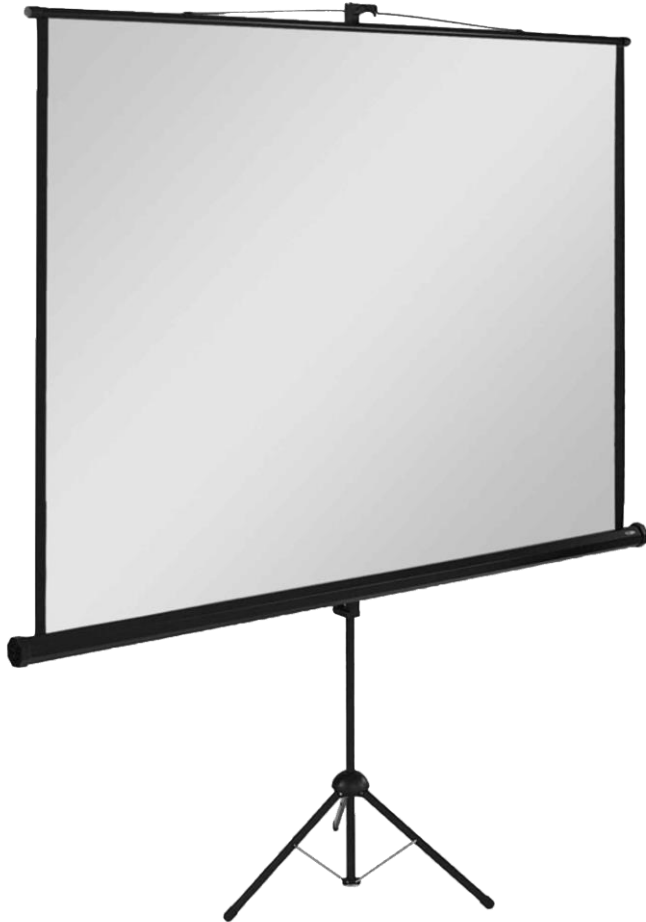
Medium

Main idea

Small

Supporting idea





Legibility

6-12 Feet





Photo Credit

Place and style it consistently
(on every slide):

- same place
- same font
- same size

*If all images are from one source, you can say thanks to “*The Source*” out loud, or you can say “Photos courtesy of...”





Photo of YOU and your TEAM

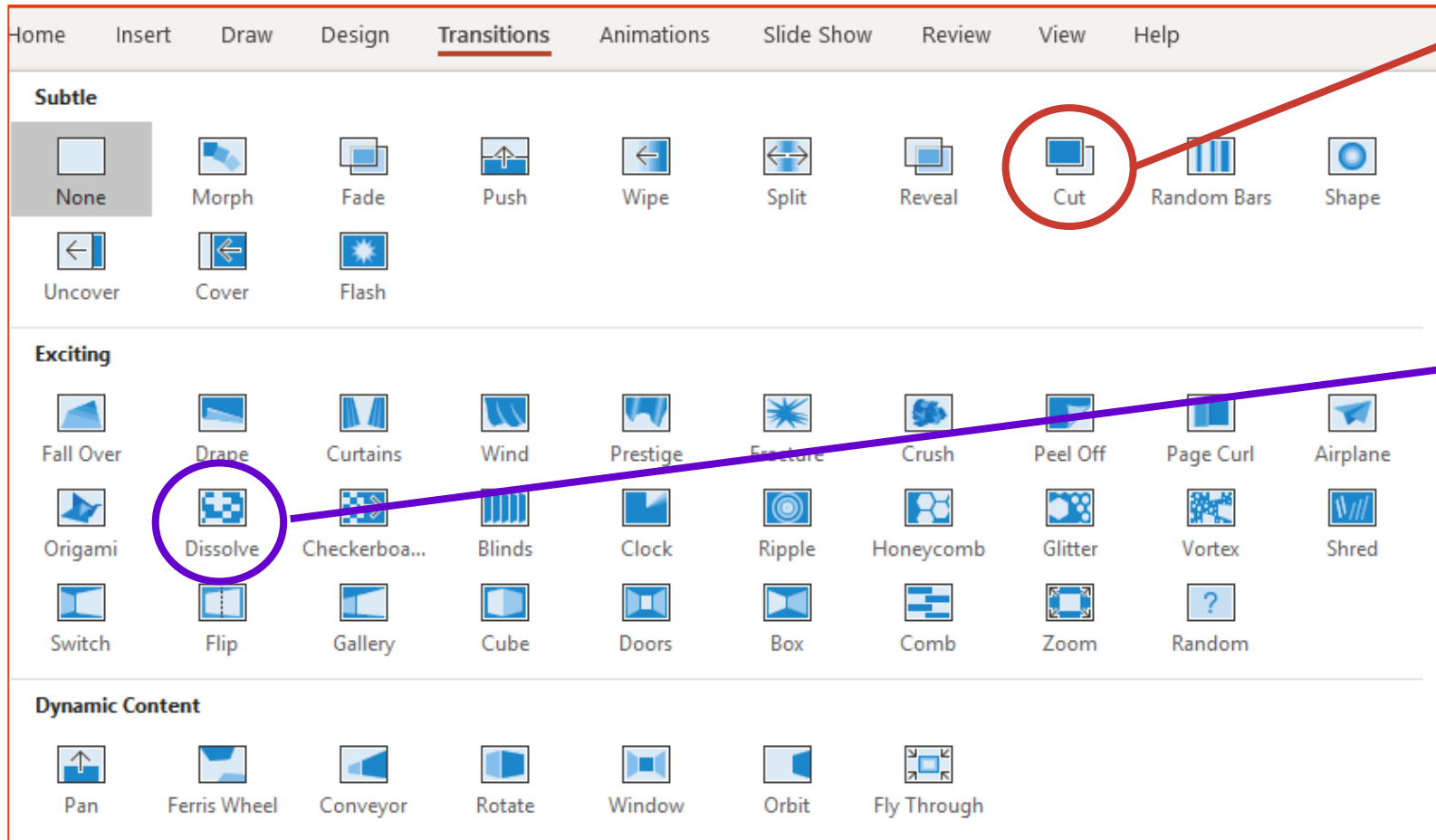
No individual photos,
One is more than enough,
Show the power of teamwork



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Transitions

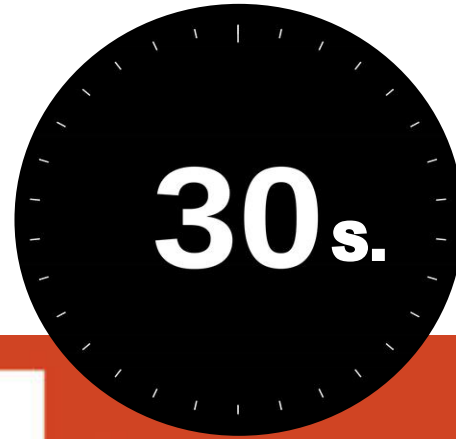
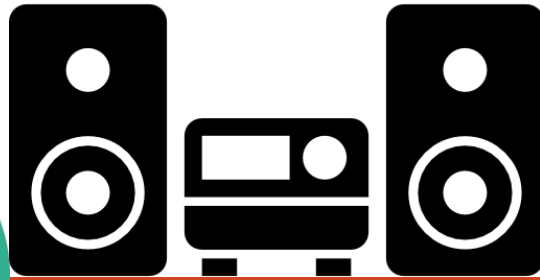


CUT:
Shifting to a new idea

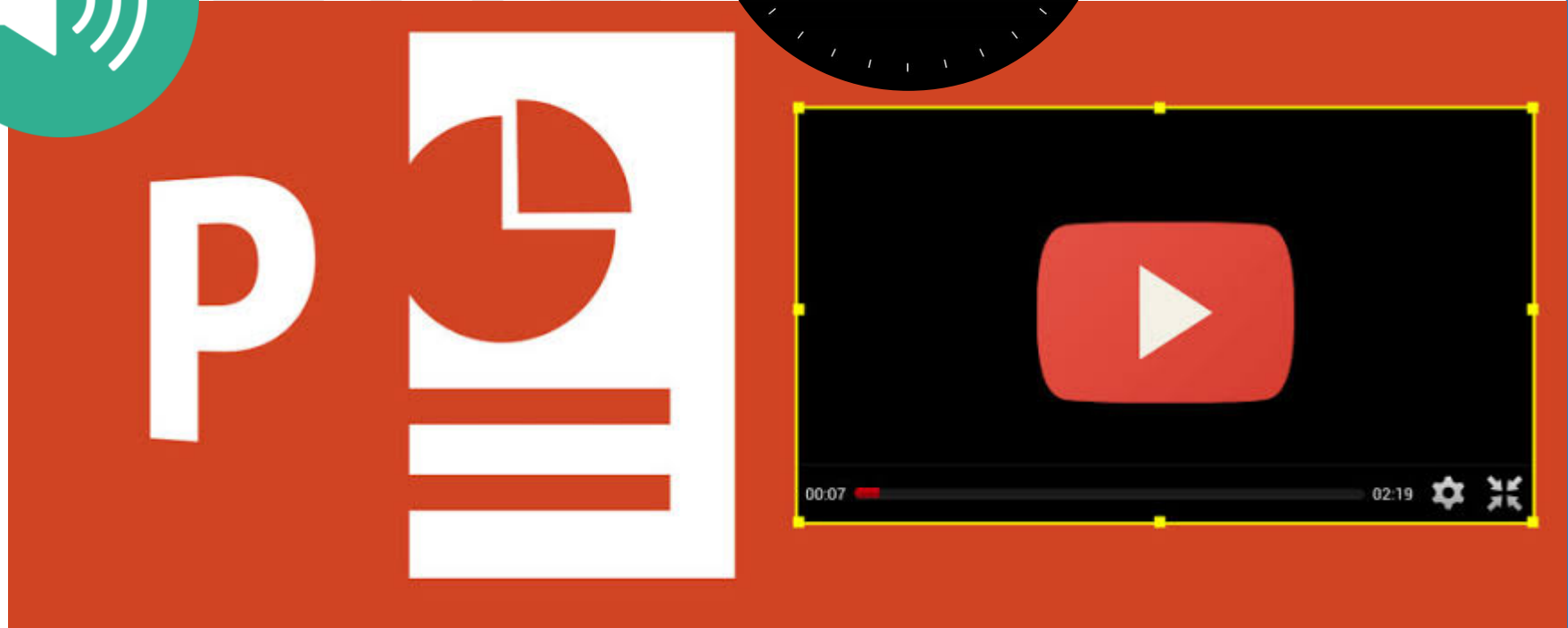
DISSOLVE:
When the 2 slides are related in some way



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VDO



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Transporting Files

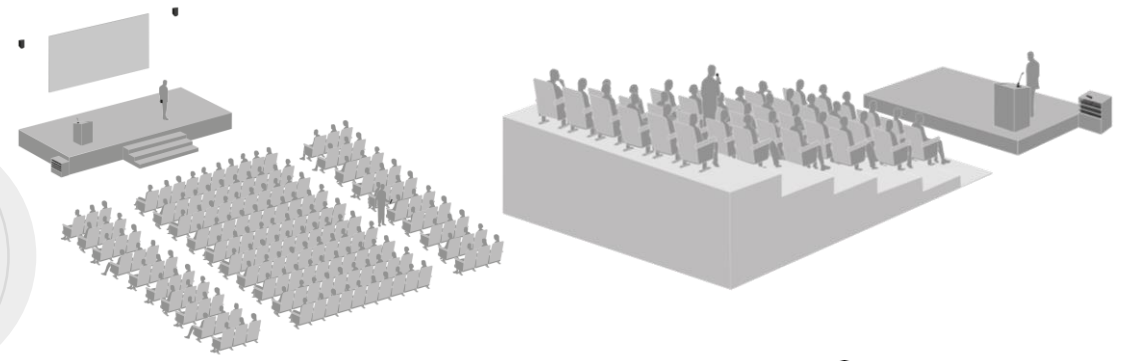
Stage

Device & Display

Internet Connection

Applications

Don't assume,
Better check!



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What NOT to Do

- Bullets belong in *The Godfather*. Avoid them at all costs.
- Dashes belong at the *Olympics*, not at the beginning of text.
- Resist underlining and italics—they're too hard to read. Bold typefaces are OK.
- Drop shadows can occasionally be useful to improve legibility, especially for type on top of photos, but use the effect sparingly.
- Don't use multiple type effects in the same line. It just looks terrible.



Don't talk like a ROBOT!

Because you can bring in:

- Connection
- Engagement
- Curiosity
- Understanding
- Excitement



Check list of your rehearsal:

- Did I get your attention? from the get-go?
 - Was I making eye contact?
- Did the talk succeed in building the new idea for you?
 - Was each step of the journey satisfying?
- Were there enough examples to make everything clear?
 - How was my tone of voice?
- Was there enough variety of tone and pacing?
 - Did I sound as if I was reciting the talk?
- Was there enough humor?
 - How were the visuals?
- Did you notice any annoying traits?
 - Were my body gesture natural?
- Did I finish on time?
 - Were there moments you got a little bored?
- Was there something I could cut?



Rehearsal



Mental Preparation

Use your fear as motivation

Drink water

Let your body help you!

Avoid an empty stomach

Have a backup plan

Find “friends” in
the audience

Remember the power
of vulnerability

Focus on what you're talking about



Things to Remember

Your audience ...

comes to listen to your talk,
would like to see your face, not your back,
is not in kindergarten, don't read for them,
sees enough text in reading materials.

Your slides ...

are to support your talk, not steal your scene,
are for your audience to see, not to stare.

You ...

know what you want to share
prepare and check
practice, **practice, practice and practice.**

Take a deep breath and have fun!





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Thank You

Together We Will Make Our Education Stronger



<https://msie4.ait.ac.th/>



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MSIE 4.0 Channel



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